JANUARY 2021

MS-HS Menu

Breakfast and Lunch will be served at NO COST to students for the 20/21 school year!

Monday Tuesday Wednesday Thursday Friday Mini Pancakes **Assorted Cereal** Yogurt & Muffin Breakfast Sandwich 100% Juice 100% Juice 100% Juice 100% Juice Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk No School **Assorted Cereal** Cinnamon Roll Mini Waffles Breakfast Sandwich 100% Juice 100% Juice 100% Juice 100% Juice Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk No School Bagel w/ Cream Cheese 9 Yogurt & Pop Tart Breakfast Sandwich **Assorted Cereal** 100% Juice 100% Juice 100% Juice 100% Juice Our lives begin to end the day we become Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk silent about things that matter. Martin Luther King, Tr Breakfast Sandwich Breakfast Bar **Assorted Cereal** Muffin & Yogurt 100% Juice 100% Juice 100% Juice 100% Juice Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk No School

Grab and Go at Door!

Milk Choices: 1% White, Skim Chocolate

